



HIGHLIGHTS

Monthly
Tuesday
06/30/2026

vol.20

New ISL External Advisory Board Member



Dr. Dave Handy

Executive Director
Alzheimer's Project, Inc.

New Affiliate Publications

Dr. Ravinder Nagpal & Dr. Gloria Salazar

Maternal diet shapes neonatal microbiome ontogenesis and neurometabolic resilience

Dr. Sladjana Lukic

The Production of Clitics in Serbian Speakers with Stroke Aphasia

Dr. Lucinda Graven & Dr. Laurie Abbott

Effects of Coping Resources on Depressive Symptoms in Rural Heart Failure Patient-Caregiver Dyads: An Actor-Partner Interdependence Modeling Analysis

Dr. Joseph Watso

Water intake mediates cross-sectional associations between urinary kidney injury biomarkers and race in emerging adults

Dr. Antonio Terracciano, Dr. Martina Luchetti & Dr. Angelina Sutin

Socio-emotional well-being is associated with cognitive function and informant-rated cognitive decline: Results from the Harmonized Cognitive Assessment Protocol in Europe

EVENT RECAP

SILVER SCREAMERS SCREENING

The ISL was pleased to welcome community members for a special screening of Silver Screammers, a documentary celebrating the creativity and humor of older adults. The event offered an opportunity to connect through film and reflect on the many ways storytelling can shape how we think about aging.

A special thank you to director Sean Cisterna and our partners at the Challenger Learning Center and FSU Film for helping make this memorable event possible.

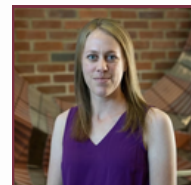
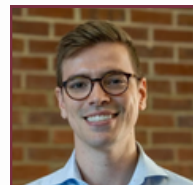
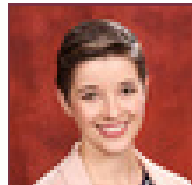


CLINICAL CATALYST AWARD

DR. SHEFFLER, DR. SMITH, DR. LOBENE, DR. WATSO

Dr. Julia Sheffler and a team of collaborators have received a \$50,000 Clinical Catalyst Award from the Office of the Vice President for Research to support a new initiative focused on nutrition-based care for older adults.

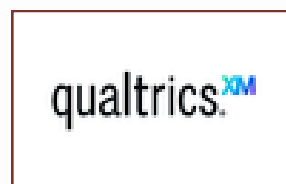
The project will adapt Dr. Sheffler's Improving Cognitive Aging through Nutrition (ICAN) program for use at the Nancy Van Vessem Center for Healthy Aging, where the team will collaborate with Dr. Cielo Rose to develop a structured nutrition and lifestyle program for older adults.



NATIONAL AWARD FOR CARDIOVASCULAR DISEASE RESEARCH

DR. AMY L. AI

Affiliate Dr. Amy L. Ai has been recognized as a 2026 recipient of the Society for Behavioral Medicine's Cardiovascular Disease Special Interest Group Kenneth E. Freedland Founder's Award. The honor recognizes her outstanding contributions to cardiovascular disease research and behavioral medicine. Congrats!



GOT RESEARCH NEWS OR A NEW PUBLICATION?

Have exciting research updates, recent findings, or opportunities to share? **Fill out our Qualtrics form** ([here](#)).

Support the ISL & Contact Us!

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[Link to Our Website & Socials](#)

📍 Louis Shores Building, FSU