



HIGHLIGHTS

Bi-Weekly
Friday
08/15/2025

vol.8

Want to be involved with the ISL?

Whether you are a community member or faculty affiliate, check out our [website](#) for more information on how to be involved with the ISL.

Interested in being a guest for an ISL podcast episode?

Email isl@fsu.edu if interested in being interviewed for a podcast episode. Community members and researchers welcome!

COMING OUT MONDAY: New Podcast Episode no.7

Keep an eye out for the ISL's seventh podcast episode featuring Dr. Yunjung Kim. ISL podcast episodes are posted bi-weekly on Monday. Interested in being interviewed? Email the ISL!

Become an ISL volunteer!

Click the image below to see how you can be involved with the ISL.

Become an ISL Research Volunteer

Help FSU's Institute for Successful Longevity advance the science of healthy aging.

Requirements

- Open to adults aged 55+
- No research experience needed
- Choose the studies you want to participate in
- Help advance the science of healthy aging
- Some studies offer payment

Learn more here

<https://isl.fsu.edu/registry/volunteer>
<https://lnktr.co/fsuisl>

Call for Submissions: Share Your Research in the ISL Digest!



We're launching ISL Digest, a new social media series that highlights affiliate research in a clear, engaging format for the public. Posts will be carousel-style to showcase the impact and accessibility of your work.

Interested in being featured?
Send us your research to isl@fsu.edu!

ISL DIRECTOR DR. ZHE HE ELECTED AS FELLOW OF IAHSI

Congratulations to ISL Director **Dr. Zhe He** on his election to Class of **2025 Fellow of the International Academy of Health Sciences Informatics (IAHSI)**, one of the **highest honors** in biomedical and health informatics.

This prestigious recognition reflects his **global impact** on AI-powered health research, patient-centered innovation, and academic leadership. Read more [here](#).



OUT NOW: PODCAST EPISODE NO.7 VOICES OF LONGEVITY: MEET THE RESEARCHERS

Special Guest: Dr. Julia Sheffler

In this episode, we welcome Dr. Julia Sheffler, board-certified clinical psychologist and assistant professor in the College of Medicine. She shares her research on dementia prevention and how community-based programs can support healthy brain aging. Listen to this episode on ISL's [Spotify](#) or [YouTube](#).

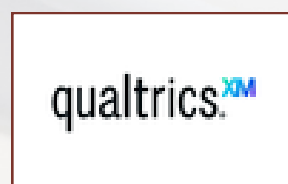


ATTENTION ISL FACULTY AFFILIATES ANNUAL REPORTING PROCESS

ISL is preparing its **FY2025** (July 1, 2024 - June 30, 2025) annual report for the FSU Provost's Office, Board of Trustees, and Florida Board of Governors to highlight research, scholarship, and community engagement impact.

Faculty will soon receive a personalized Qualtrics link to report ISL-related contributions, such as publications, grant proposals, student mentoring, and outreach **by Friday, August 29, 2025**.

Your input is critical in helping us demonstrate the interdisciplinary reach and impact of ISL's research community. Thank you for your continued support and commitment to advancing successful longevity.



GOT RESEARCH NEWS OR A NEW PUBLICATION?

Have exciting research updates, recent findings, or opportunities to share? **Fill out our Qualtrics form** ([here](#)).

Support the ISL & Contact Us!

isl@fsu.edu (850)-644-8571

Link to Our Website & Socials

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